



THE SHIFT *retreat*

SILENCE, STILLNESS,
TRANSFORMATION.

— 25TH – 28TH JUNE 2026 —



4 DAYS OF HEALING,
GROWTH AND SACRED
CONNECTION



Nature | Community | Conscious Living

BOOKING DETAILS

☎ 8200351875 | ☎ 7400381132



DevBhoomi Retreat

DHARAMSHALA, HIMACHAL PRADESH

— Limited Slots Available | Advance Booking Required —

Why Join The Shift?

A sacred Dharamshala Journey Awaits



GUIDED BY

AKANGSHA BALI & BODHI



Emotional & Mental Detox ✦



Reconnection with self ✦



Heal & Transform ✦



Sacred Setting ✦



25TH – 28TH
JUNE 2026



3 NIGHTS
4 DAYS



8200351875
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RESERVE YOUR SPOT TODAY



Dev bhoomi Retreat
Dharamshala, Himachal Pradesh



WHAT WILL YOU EXPERIENCE

YOUR JOURNEY INCLUDES

INNER CHILD HEALING

Release past wounds , reconnect with your innocence & embrace love.

FIVE ELEMENTS CONNECTION

Align with the energies of nature & restore balance within.

CLASSICAL TANTRA & KUNDALINI PRACTICES

Experience ancient wisdom for transformation and awakening

BREATHWORK & PRANA AWARENESS

Deepen your breath , expand your energy & elevate your consciousness

ENERGY WORK

Activate , Balance & harmonize your energy centers

MEDITATION

Find stillness within & experience profound inner peace

ACTIVE MEDITATIONS (INSPIRED BY OSHO)

Dynamic practices to express , release & celebrate life fully

HEAL • TRANSFORM • AWAKEN

Step away. Dive within. Return transformed.

RESERVE YOUR SPACE

SOCIAL
GATHERING

WE CREATE. YOU CELEBRATE



MEET YOUR GUIDES



Step into a transformative journey through breathwork, mindfulness and ancient healing practices, blended with modern techniques.



BODHI

TANTRA, KUNDALINI &
BREATHWORK GUIDE

Weaving ancient wisdom
with modern practices



AKANGSHA BALI

BREATHWORK FACILITATOR

Practitioner of Reiki,
EFT & NLP

Awaken. Heal. Transform.





Secret garden

A DAY TO CONNECT, MOVE, SING & CELEBRATE LIFE.



ECSTATIC DANCE
Move freely.
Feel fully. Be you.



CACAO CEREMONY
Open your heart.
Connect within.



SINGING CIRCLE
Voices together.
Hearts as one.



A SAFE SPACE
TO EXPRESS,
CONNECT &
CELEBRATE
TOGETHER



DEVBHOO MI

RETREAT

DHARAMSHALA, HIMACHAL

Experience *The Shift*

A sacred journey awaits.

RETREAT HIGHLIGHTS



Monastery Visit

Experience peace in sacred spaces.



Conscious Dance

Move. Express. Release.



Conscious Connection

Heartfelt sharing & deep bonds.



Sound Healing

Heal through sound & vibration.



Nature Walks

Reconnect with the wisdom of nature.



Guided Meditation

Still the mind. Awaken within.



Creative Expression

Explore, create & be inspired.

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YOUR PLACE AWAITS



Nourishing
Satvic Meals



Comfortable
Stay



Surrounded by
Nature, Rooted
in Silence

REGULAR TICKET'S TILL 20TH JUNE 2026

REGULAR PRICE

Twin Occupancy:

₹34,999/-

Triple Occupancy:

₹31,999/-

RESERVE YOUR SPOT TODAY

SILENCE • STILLNESS • TRANSFORMATION



THE SHIFT RETREAT

A JOURNEY OF CALM & INNER BALANCE



HOW TO REACH



CHANDIGARH AIRPORT (IXC)

Best connectivity from
all major cities

🕒 Approx. Travel Time:
5 Hours



AMRITSAR AIRPORT (ATQ)

Good availability
of flights

🕒 Approx. Travel Time:
5 - 5.5 Hours



ADAMPUR AIRPORT (Jalandhar - AIP)

Closest option
(limited flights)

🕒 Approx. Travel Time:
4.5 - 5 Hours



IMPORTANT

- ✿ Flights Not Included
- ✿ Airport Transfer Not Included
- ✿ Early Booking Recommended

FOR BOOKINGS & DETAILS



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